

District 2 Resources and Free Training May/June 2020



Unemployment Compensation Links:

For California: <https://www.edd.ca.gov>

For Nevada: <https://ui.nv.gov/css.html>

For Arizona: <https://des.az.gov>

For Hawaii: <https://labor.hawaii.gov/ui/>

“What You Need to File a CA Unemployment Claim” Worksheet: <https://bit.ly/2UHTWQb>

Approved May 12th [Unemployment Compensation New FAQ's](#) provided by Local 695

Safety, Health and Financial Info:

Go to your state website - search for State Department of Public Health

IATSE Cares www.iatsecares.org email: iacares@iatse.net

IATSE Coronavirus Portal www.iatse.net

Domestic Violence: Hotline 800-799-7233; Chat: [National Domestic Violence Network](#)

[Futures Without Violence](#)

<http://211.org/> or call 211

<https://www.unitedway.org/#>

<https://actorsfund.org/>

CARES Act: [CARES Act](#), http://www.unioncounsel.net/cares_act_cheat_sheet.pdf

MPTF IATSE Relief: <https://mptf.com/covid-19-relief-funds/#iatse> or (323) 624-3888

[Union Plus Hardship Help](#)

[Emergency Funds for Freelancers and Creatives](#)

The Society for Financial Awareness: <https://www.sofausa.org/>

Michelle Martin w/Primerica: <http://www.primerica.com/msmartin>

[How to Survive Debt](#)

[California Labor Federation Resource List](#)

[The Los Angeles County Federation of Labor COVID-19 Resources](#)

[San Francisco Resources List](#)

Tools for anxiety/Focus/Dealing with Crisis:

<https://wp.behindthescenescharity.org>

<https://www.headspace.com/>

<https://www.samhsa.gov/find-help/disaster-distress-helpline>

[Yoga With Adriene – YouTube](#)

You can also google your local Mental Health organizations – many are providing virtual/online consulting.

Online Courses for Career Development and Training:

<https://courses.etconnect.com/>

<https://www.avixa.org/avixa-stands-with-the-av-industry>

<https://www.iatsetrainingtrust.org/>

<https://mailchi.mp/iatsetrainingtrust/iatse-ttf-newsletter-2020-03-20>

<https://www.iatsetrainingtrust.org/lil> (takes you to LinkedIn Learning, formerly Lynda.com)

<https://etcp.esta.org>

Updated list of all Entertainment Technology Trainings during COVID-19:

<http://www.magnumco.com/learning/every-free-event-technology-training-class-tutorial-and-workshop-being-offered-during-covid-19-updating/>

BEING HUMAN IS A GIVEN...MAINTAINING HUMANITY IS A CHOICE!

Home Learning, Family, & Food Needs:

[The Animation Guild and Women In Animation Caregiver Support Resources](#)
[Carina Child Care](#)

Southern Nevada: <https://www.threesquare.org/>

Northern Nevada: <https://fbnn.org/get-involved/volunteer/>

Los Angeles, CA: [LAUSD Food Distribution Volunteers](#), <https://www.lafoodbank.org/>

Bay Area, CA: <https://www.sfmfoodbank.org/>

San Diego, CA: <https://sandiegofoodbank.org/>

Hawaii: <http://www.hawaiifoodbank.org/>

Arizona: [St. Mary's Food Bank](#), <https://www.azhealthzone.org/summerfood/>,
<http://www.azfoodbanks.org/>

Mask Project

There are a number of sources available providing patterns for creating masks as well as suggestions for distribution. Each locale is subject to local and state restrictions. Video examples:
https://www.youtube.com/watch?time_continue=161&v=nkf89reikGU&feature=emb_logo
<https://wgno.com/news/health/coronavirus/local-seamstress-shows-how-to-make-your-own-surgical-ma>:

Other helpful mask-making resources: <http://diyn95.com/index.php/make-it-yourself-the-guide/>,
<https://smartairfilters.com/en/blog/best-materials-make-diy-face-mask-virus/>

Other Volunteer Opportunities

Nationwide: [American Red Cross](#)

In Los Angeles: [LA Labor COVID-19 Volunteer Corps](#), [Labor Community Services](#), [LA Family Housing](#)

Northern California/Bay Area: <https://www.donateppe.org/bayarea>, <https://sf.gov/be-emergency-volunteer>

Encourage members to be prepared for a minimum two weeks of isolation. Avoid hoarding – we are all in this together. Include pet supplies. Have prescriptions filled and spare glasses ready. There are several websites with recommendations for local emergency supplies.

Thank you so much for partnering with the IATSE Women's Committee for the benefit of all IATSE members Please share resources widely with members via any and all communication channels.. When posting about this project use #IATSEWomenUP

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