

A Guide to What's Happening at

MPI



This guide is designed to provide information about MPI to union leadership to share with their membership. For more information about anything mentioned in this piece, please call Ed Brown at MPI at (855) 275-4674 x2703.

Visit Our Retirement Portal

MPI's website includes up-to-date content about retirement. From the quick links feature, choose "Questions about Retirement" to learn about pension benefit types, payment options and about the Individual Account Plan benefit. For a deeper understanding of retirement benefits, choose the "Education Videos" tab under the Resources section of the website to watch various short videos on many topics of interest to those imminently considering retirement.

The Wellness Program

The Wellness Program of MPI offers classes digitally to your members over Zoom. The Wellness Program's landing page will have the most current and up-to-date wellness class schedule. We hope your members will check the website often, and that the Wellness Program offerings can help your members and their families stay healthy. Visit the Wellness Program landing page at www.mpiphp.org/home/wellness.

New Health Plan Benefits for Your Members

ANTHEM BLUE CROSS PPO PLAN

- ▶ Effective November 1, 2022, dysphonia as a result of gender dysphoria is now covered under the "Speech Therapy" benefit.
- ▶ Effective January 1, 2023, the "Nutritional Support" section is modified to, "For any Participant or eligible dependent who is physically incapable of swallowing, tube feeding is a covered benefit upon receipt of Provider-verified inability to take food by mouth."
- ▶ Effective January 1, 2023, the \$300 maximum for a Comprehensive Physical Exam (CPE) for non-Medicare-eligible retirees and their dependents has been removed.
- ▶ Effective January 1, 2023, injectable Vitamin B12 is covered for deficiencies that cannot be corrected with oral medications.
- ▶ Effective January 1, 2023, Intrauterine Devices (IUDs) inserted outside of the physician office setting are covered when another medical procedure is being performed at the same time

OXFORD HEALTH PLANS

- ▶ Effective January 1, 2023, Intrauterine Devices (IUDs) are covered.

ALL HEALTH PLANS

- ▶ Effective January 1, 2023, the reimbursement rate for prescription medication purchased out-of-pocket by Active and Non-Medicare-eligible Retirees will be the CVS/Caremark contracted rate (i.e., the Allowable Amount), less any applicable Co-Payment.
- ▶ Effective January 1, 2023, Schedule II and III medications are now included in the Out-of-the-Country benefit for prescription drug coverage.

